



MedicareBlueSM PPO
A Medicare Advantage Plan

PrimeMail offers convenient, discreet and secure delivery of prescription medications to your home or work.

Mail Service Pharmacy for MedicareBlue PPO Plans with Prescription Drug Coverage

PrimeMailSM Pharmacy Savings and Convenience

MedicareBlue PPO offers a mail service pharmacy through our pharmacy benefit manager, Prime Therapeutics. This can be a convenient service that may save you time and money — particularly for maintenance drugs. When you join MedicareBlue PPO, you will receive a PrimeMail package of materials in your new member welcome kit if you have enrolled in a plan that includes prescription drug coverage. The package describes the benefits of using mail-order service and how to obtain prescriptions through mail-order.

How does PrimeMail work?

You may order your prescriptions by mail, Internet or telephone. PrimeMail Pharmacy offers the convenience of home delivery with the highest standards of quality, safety and service for your prescription drug needs:

- **Quality** — Each prescription is verified for accuracy and dispensed by a pharmacist who oversees every aspect of the process
- **Convenience** — Medications are delivered to your home or work with refill amounts and dates noted on the prescription label
- **Privacy** — Orders are handled discreetly and delivered in plain-labeled packaging with no indication of contents
- **Safety** — A tamper-evident closure and secure packaging protect your order from breakage

Prescriptions ordered through the mail arrive in about 10 to 14 days, via U.S. Mail. Prescription refills ordered through the Internet or by phone offer faster turnaround. Your PrimeMail prescription label indicates the date you should order your refill — approximately three weeks before the end of your current supply.

If your doctor has prescribed a medication that you will need to take regularly over a long period of time, the mail service program allows you to get a long-lasting supply of your medication (See “Extended Supply of Maintenance Drugs” below) that may reduce your out-of-pocket costs.

If you choose mail-order, your doctor can prescribe a supply that will last up to 90 days (instead of the typical 31-day supply fulfilled through your retail pharmacy). You may need to obtain two prescriptions from your doctor: one

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prescription for your retail pharmacy to obtain your first 31-day supply, (if you need the medication immediately) and one for the mail service for a 90-day supply and appropriate refills.

Extended Supply of Maintenance Drugs

An extended (90-day) supply of maintenance drugs is available to you either through some retail pharmacies or through our mail-order service. You are not required to use a mail-order prescription drug service to obtain extended supplies of maintenance medications; you always have the option of using a retail pharmacy — either a MedicareBlue PPO network pharmacy or a non-network pharmacy — to obtain a 90-day maintenance supply of medications. If a retail pharmacy agrees to accept the mail-order reimbursement rate for an extended supply of medications, you should have no out-of-pocket payment differences for choosing a retail pharmacy rather than a mail-order pharmacy. However, not all retail pharmacies accept the mail-order reimbursement rates for providing an extended supply of medications. If a retail pharmacy does not accept the mail-order reimbursement rate but has accepted an alternative retail/mail-order pharmacy rate for an extended supply of medications, you will be required to pay any difference in charge.

MedicareBlue PPO is a regional Medicare Advantage plan with a Medicare contract. MedicareBlue PPO coverage is provided by only one of the following plans, depending on your state of residence: Wellmark Blue Cross and Blue Shield of Iowa,* Blue Cross and Blue Shield of Minnesota,* Blue Cross and Blue Shield of Montana,* Blue Cross and Blue Shield of Nebraska,* Blue Cross Blue Shield of North Dakota,* Wellmark Blue Cross and Blue Shield of South Dakota,* and Blue Cross Blue Shield of Wyoming.*

* Independent licensees of the Blue Cross and Blue Shield Association